

## You and Your Money - Life Skills Training

In Context™ has developed a program for blue collar workers to help improve their basic quality of life through targeted and effective education interventions. We call the program our “Life Skills Training Program” and it focuses on 1) Financial Skills, 2) Communication Skills, 3) Conflict Resolution and 4) Teamwork. We believe these are basic developmental areas, that with the right intervention, greatly contributes to improved quality of life, employee wellness and therefore productivity.

### Phase 1 - Financial Skills - "You and Your Money"

Our Financial Skills module (entitled “You and Your Money”) drives the following learning outcomes:

- Develop the ability to identify & articulate financial goals
- Develop the ability to distinguish between needs & wants
- Grows understanding of important financial concepts, such as debt, interest, savings, etc.
- Develops awareness of debt pitfalls, how to identify them & how to manage these pitfalls
- Developing your own personal budget
- And gives guidance to those in need as to where to find help, if help is required

This is done in a 4-5 hour training session, as our audience are people who typically do manual work and to be seated in a classroom for days on end is not effective nor efficient. Most importantly we find that lessons can be taught & retained in a well-managed intervention, in a few hours.

*"Thanks for teaching me about working with my money, I will forever remember this day. I can now make a big difference for my family."* Adriaan from Farmer Angus.

*"Die kursus het baie vir my beteken, en ek het baie daaruit geleer. Ek sal dit van nou af toepas."* Rachel van AA Badenhorst Wines.

*"I am going to spend less on wants and balance my needs because I have a clear picture between the two. And I will start to work on more savings."* Thobelani from Farmer Angus.

### Training Cost

The You and Your Money module is ideally taught in a classroom setting of 10 to 15 participants to ensure individual attention, maximum participation and quality retention.

The program cost is R200,00 per participant (excl VAT) and includes training consumables and study guide.

Training venue and costs, refreshments and other client specific requirements are excluded in the above cost, but can be arranged by separate costing.

Terms are 14 days from invoice, post training.

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## About In Context™

In Context™ is a commercial consultancy based in Cape Town, South Africa, and provides strategic and operational guidance, change and communication services and organizational development in Southern Africa and beyond. Our international network of specialists focuses on providing practical solutions that deliver results.

In Context™ has a small management team, each member responsible for their own area of competence and client segment. The team has extensive commercial experience across a broad range of sectors, including Media, FMCG, Financial Services, Manufacturing, Extractive Industries, Education and diverse Leadership disciplines, which is distilled into the products, services and advisory role that we provide.

In Context™ is a Level 4 BEE contributor with a strong commitment to the transformation of our society.

For more: [www.incontext.co.za](http://www.incontext.co.za)

## About the Consultant



Louisa le Roux is an adult educator with extensive experience in teaching in various countries in Africa. She holds qualifications in education, social sciences, languages and classical culture from the University of Stellenbosch. She has worked in the fields of market research, the South African wine industry, tourism and administration. Her passion is for adult education as it not only develops the student, but filters through to changing the lives of many dependents.

Louisa speaks 4 languages and is a keen equestrian.